

## Institute of Psychosexual Medicine – Cancer Care Course Curriculum

This course would benefit Practitioners working with patients and families affected by cancer. It provides an introduction to the management of psychosexual problems presenting in day-to-day practice, when working with cancer patients and gives special mention to the Psychosomatic Examination.

The course objectives are:

- To be familiar with different approaches to the treatment of sexual dysfunction
- To understand the use of the 'practitioner-patient relationship' in psychosexual medicine
- To have confidence to manage presentations of sexual dysfunction in your normal practice

Subjects to include:

- Approaches to the treatment of psychosexual dysfunction, including Psychodynamic, Cognitive Behavioral Therapy and Physical Treatments
- Psychoanalytic principles and Defence mechanisms.
- The use of the Patient-Practitioner relationship.
- Managing a Psychosexual Consultation, including a psychosomatic genital examination.
  Female Sexual Dysfunction to include Vaginismus, Dyspareunia, Loss of libido and orgasmic disorders.
- Male Sexual Dysfunction to include Erectile Dysfunction and Premature ejaculation
- Group learning , IPM Seminar Training and the Diploma Examination.

These topics can be adapted according to the needs/ requirements of the participants.

Each session will include both Teaching Presentations and Case Discussion, with the main emphasis being on Case Discussion.

This course is designed to stand alone as a brief introduction to the management of psychosexual problems and a Certificate of Attendance is issued to all participants. Suitable participants may also consider joining a seminar in their local area and working towards the IPM Diploma. Attendance at an Introductory Term is a requirement to sit the IPM Diploma.